

## SPONSOR A NIGHT IN A HOSPITAL BED

€6 can provide a nights hospital care for someone who has been affected by leprosy in Nepal.  
To make a once off donation of €6

Text NLT6 to 50300

Terms and conditions €6 donation: 100% of the text cost goes to Nepal Leprosy Trust Ireland (NLT) across most phone network providers. Some providers apply VAT which means a minimum of €4.89 will go to NLT.

Service Provider: LIKECHARITY.

Helpline: 01 443 3890.



Mrs. Kaushalya Devi Sada photo by S.Ryan

## Shuttle Bus Fund

Help us to buy a vehicle for transporting patients to and from Lalgadh Leprosy Hospital, Nepal

Out-patients currently walk from the bus stop on the main road up a long steep hill to reach the hospital in order to receive medical care and attention. All donations are welcome to help ease the discomfort for patients after their long journey.



### Join the fight against stigma

By setting up a standing order for as little as €10 per month, you can help in the fight against leprosy and stigma in Nepal. Contact: vera.mcevoy@nlt.ie

## SPONSOR A CHILD

A good education is an excellent way to break the poverty cycle. We have two child sponsorship programmes that encourage and support children to attend school. Your contribution will help transform a young life in Nepal.

Option 1  
€20 a month

Option 2  
€35 a month

Contact: info@nlt.ie

### Diary Dates 2014 / 2015

29<sup>th</sup> & 30<sup>th</sup> Nov 2014 - Christmas Craft Fair,  
Salesian College, Celbridge

25<sup>th</sup> Jan 2015 - World Leprosy Day Coffee  
Morning

1<sup>st</sup> May 2015 - Art Exhibition, Kerry & Kildare

1<sup>st</sup> June 2015 - Flora Women's Mini Marathon



# Nepal Leprosy Trust News

Beating leprosy, breaking stigma and building lives

Autumn Newsletter 2014, Issue 13

### Who are we?

A family of Christian organisations based in Nepal, Ireland and the UK

### What do we do?

Through medical treatment, social education and village development projects, we have helped individuals, small groups and wider communities for more than 40 years (in partnership with the Nepal Government).

### Why?

We are passionate about eradicating leprosy, overcoming prejudice against those affected and improving people's standard of living so that they can enjoy health, well-being and respect.



Fruit ...Income generation and literacy are among the fruits of the Self Help Group (SHG) at Bengadawar village ... And veg. Bimala Ghising has set up a vegetable shop from which she earns up to 3000 rupees a month (€32).

## A QUIET REVOLUTION

In Nepal, where leprosy is often viewed as a divine curse, Neprosy Leprosy Trust (NLT) is tackling both the physical disease and the social stigma. The Village Alive Programme (VAP) cures people and uplifts communities. A villager diagnosed with leprosy is first treated at NLT's Lalgadh hospital in south-eastern Nepal. Once cured, the villager goes home and joins a self help group (SHG) of 10-15 people also affected by leprosy or other stigmatising conditions. They support each other, breaking down traditional barriers between castes, religions etc. The SHG also brings practical benefits to the whole village, e.g. by digging a well or setting up a school. The improvements, huge and measurable, include higher literacy and better health and sanitation. Relationships flourish and group members start businesses through microcredit schemes. With seed money from a pooled fund, a borrower may buy a cow and sell milk, or run a shop etc., repaying the loan from their profits so that another group member can borrow.

The VAP is overturning centuries of stigma. As patients are cured, both medically and socially, their desire to help each other grows. And as stigma decreases so too does the incidence of leprosy, thanks to better immunity and living standards.

NLT is a signatory to the Dóchas Code of Conduct on Images and Messages. We welcome feedback about our communications. Contact us at info@nlt.ie



CODE OF CONDUCT ON  
IMAGES & MESSAGES

Nepal Leprosy Trust Ireland would like to thank all those who support our work. We are deeply grateful to all the donors, churches and individuals who strengthen our mission in a variety of ways. If you would like more information on any items covered in this edition please contact: vera.mcevoy@nlt.ie







Bharat Pandit, his wife Sarita and their son, with Mike Winterburn

### Healed and Whole

In a remarkable story from Mark's gospel, a man begs on his knees for Jesus to heal him of leprosy. Imagine such a scene today, in which someone with the Ebola virus falls at the feet of a doctor who has the cure. Imagine that person's awe and excitement at being healed. The man in Mark couldn't help but blab about the miracle, so that Jesus had to withdraw from the crowds that came flocking to find him.

There's something absolutely wonderful about helping people to recover from leprosy and lead happy and fruitful lives. Look at the photo of Bharat Pandit with his wife Sarita and son. Their lives have been transformed by the work of NLT. When I first met him, a good few years back, he'd just been diagnosed and he was skinny and very down. Let's change the world, one person at a time! Sarita tells her story on our website: <http://nlt.ie/?p=513>

### Give as You Live

Raise money for us simply by shopping online. Did you know that you can support us every time you shop online at over 3,000 retailers without spending an extra cent?

The retail store makes a donation so that it won't cost you a cent extra. Give as you Live works with more than 3,000 top retailers including Amazon and Expedia and could turn a percentage of every cent you spend online into a donation to NLT.

All you have to do is sign up to **Give as you Live**. Install the Shopping Bar to your browser; this is safe and simple and only takes a few seconds. It means you'll never miss a donation by forgetting to shop through Give as you Live.



Support us as we continue our mission against leprosy

2,500 patients received custom made footwear in the year 2012-2013



Gudari, head of the Shoe Making Dept, Lalgadh Leprosy Services Centre



**Meet Neelham** (left) a very happy and thankful 12 year old patient currently in Lalgadh Leprosy Services Centre. She has benefited from donations for her stay in hospital and for custom made footwear.

24 children commenced school this year, thanks to the sponsorship and generosity of Irish people

### SHOES FOR NEPAL

To make a once off donation of €4 for new shoes for people in Nepal.

Text **NLT4** to **50300**



Terms and conditions €4 donation: 100% of the text cost goes to Nepal Leprosy Trust Ireland (NLT) across most phone network providers. Some providers apply VAT which means a minimum of €3.26 will go to NLT. Service Provider: LIKECHARITY. Helpline: 01 443 3890

### Why Shoes for Nepal?

Imagine having no feeling in your feet. You step on a stone, a piece of glass, a splinter, and the silent damage is done: tissue infection or muscle injury, leading to blood poisoning and eventually lameness. Leprosy, which destroys nerve endings, can cause such damage if left untreated. And in parts of Nepal where the disease persists, poor - or absent - footwear can make every step risky. A simple pair of shoes makes all the difference.

At Lalgadh Leprosy Services Centre (LLSC) in south-eastern Nepal, shoes are custom-made for leprosy patients. Each pair of canvas shoes, reinforced with microcellular rubber, costs from just over €4 and allows the wearer to move on in life, literally, using what's probably the only transport available: their feet.

**2 Corinthians v.9:7.** You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure 'For God loves a person who gives cheerfully.' **Proverbs 19 v.17.** When you help the poor you are lending to the Lord - and he pays wonderful interest on your loan! New Living Translation Bible.